

BREAKING NEWS

THE MONTH OF GOODBYES AND HELLOS

AUGUST

Kicking off the month by saying goodbye to the summer students but saying a big hello to their unwanted clothes, food, books and electricals. A collection bank has been set up in the student lounge for unwanted goods to be handed in to. This will all be checked over and later dispersed to local charities.

To show our support and bring awareness to **ESG** calendar events, we will be honouring World Humanitarian Day. This will take place on Monday 19th August 2024. More details to follow!



WORLD HUMANITARIAN DAY

MOVEMBER NOVEMBER

A cause that is considered special by many, we will again show our joint or individual efforts in fundraising for Movember. Whether it's growing the tash, or getting them running miles in we look forward to a month of awareness for men's mental wellbeing. Details to be announced soon.

SEPTEMBER SLAYS

A special shout out to our running champion, Kieran Bleau for signing up to the Royal Parks Half Marathon in aid of Tommy's Baby Charity. To show our support and an excuse to get ourselves down the pub, a **PUB QUIZ** will be held at The Phoenix Pub, Cavendish Square. From 6:30pm on 12th September, £10 entry.

Shout out sept is in full swing, as Alexandra, Soroush, Amrit, Adam, Hayden and Yogi have signed up for a year long volunteering place with Early Careers Foundation. The programme is to provide career and employability advice to underprivileged 16 - 18 year olds.

SPOOKY SEASON - OCTOBER



PIZZA and PJS! In honour of the Children's Trust, on Monday 7th October all we ask of you is to roll out of bed and come to work in your PJS! The beauty in not getting dressed comes with a donation of £5 and you'll be treated to a slice of Papa J's finest delicacy.

The Children's Trust is a charity that works on aiding Children with brain injuries.

October means one thing, Halloween! We'll be getting into the deadly spirit with a Boo-tiful bake off 2.0. Think ghost iced buns, spider cupcakes and more, we ask for us all to get baking and show support Macmillan Cancer Research. Bake sale = happy ghouls.

MACMILLAN
CANCER SUPPORT

ROCKIN AROUND THE CHRISTMAS TREE

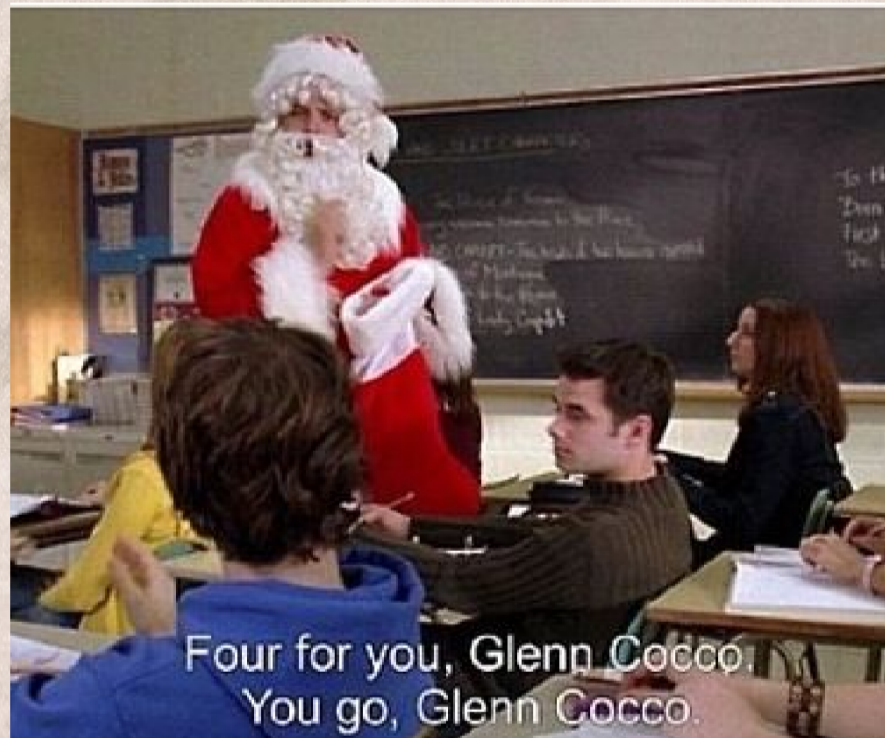
OCTOBER - NOVEMBER

For the third year running we are welcoming back the fan favourite, the **CHRISTMAS SHOEBOX CAMPAIGN!** No time like the present (pardon the pun) but if anyone has any shoeboxes at home please do bring in and Alexandra will be storing in preparation. Now I know what some of you may be thinking, October...Christmas?!? The deadline of handing in our boxes is 18th November, so the more time the better. AES efforts each year have been amazing, so here's to another year of sleighing!



As a refresher the boxes of gifts will be handed into the local Farringdon church and then shipped off around the world for underprivileged children to enjoy the festive season.

ITS CHRISTMAS



The most wonderful time of the year will soon be upon us. The time to spread cheer and love, we will be taking inspiration from our valentines appreciation notes and we'll be handing out candy canes with kind words of recognition on to our fellow peers.

Four for you Glen Coco!

If anyone is interested in volunteering for a food bank later this year, please do come forward to Alexandra to discuss more!