

Sustainability Programme

# ITINERARY

Rates from £675.00 per person, based on 15 paying students in twin rooms with the following inclusions. All groups also benefit from 24hour emergency assistance, free mobile phone for group leaders, and directional and tourist maps for all participants.

### Day 1

AM Arrive in the UK, transfer from airport to accommodation by private motor coach

PM Orientation session with Anglo Educational Services staff, Guided walking tour of Architectural and Historical London

Upon arrival in London you will be met by your private coach, which will take you to your hotel. As check-in is not normally until 3pm, arrangements will be made with the hotel for you to leave your luggage in a secure area. A pack containing maps plus any pre-purchased travel cards will be left for the group leader upon arrival.

The arrival orientation session by AES Staff will be held at the AES Study Centre. This session will cover health and safety, how to use public transport, as well as offering you helpful hints for your stay. It will give you a chance to ask any questions you may have.

Following your orientation session you will board your coach for a 2-3 hour guided tour of London with your private guide. During this time you will learn about not only the history of London but also the architecture, and how particular buildings have been constructed in order to make them environmentally friendly. Your coach will drop you back at your accommodations, where you will be able to check into your rooms.

Don't forget your camera, as there will be plenty of opportunities for you to leave the coach and view all that London has to offer!

#### Day 2

AM Visit to the Science Museum

PM Overview Lecture on British Life and Culture, with a focus on the Environment and Sustainability

This morning you will make your way to the World's famous Science Museum. Your visit will focus on two exhibitions: the Energy Hall and The Atmosphere Gallery, which is a fresh and exciting way to make sense of the climate – the science of how it works, what it is doing now and what it might do next.

Your visit will help put into context your afternoon lecture. Your professor will offer an overview seminar on British Life and culture, with a particular focus on the environment and sustainability.

#### Day 3

AM Visit to the John Lewis Partnership

PM Visit with a Social Enterprise and Sustainability charity, focusing on the assistance that they offer to businesses to improve their green credentials

The energy hall railing has been the driving force behind British trade and industry for 300 years, and the Atmosphere Gallery – a hands on exhibit that reveals some of the key instruments reports on climate and a chance to dig deeper into climate change.

The John Lewis Partnership is considered by the UK Government to be the most socially responsible retailer. Your visit to one of their stores will include a guided tour, with a focus on the work that they do towards protecting the environment.

In the afternoon you will have the opportunity to meet with a representative from a charity that promotes and supports both community-based initiatives and businesses for a greener, healthier and more sustainable London. Your meeting will cover their work with businesses and the community, and will enable you to see the work that London as a city is putting into sustainability.

#### Day 4

AM Visit to the Thames Barrier with guided tour, visit to the Crystal, Royal Victoria Dock

PM Visit to the Natural History Museum

Your day will begin in East London at the Thames Barrier. First, the group will have a guided tour of the Information Centre. The talk will cover topics such as the history of the River Thames and the risk of flooding in London, as well as describing the environment and wildlife of the river. You will have the opportunity to explore the area, and see how the barrier plays a vital role in protecting London from flooding.

You will make your way to The Crystal. The Crystal is one of the world's most sustainable buildings, and is part of the Sustainable Cities Initiative by Siemens, exploring the future of cities. It is home to the world's largest exhibition on urban sustainability, as well as being a world-class centre for dialogue, discovery and learning. After visiting The Crystal, you will make your way from East to West. Here you will visit the Natural History Museum. Your independent visit could incorporate galleries addressing sustainable themes, such as Ecology, Today and Tomorrow (impact of humans on the earth), The Wildlife Garden, and Restless Surface.

## Day 5

AM Meeting with a representative from the London Sustainability Exchange

PM Visit to the Faraday Museum

Evening Lecture at University College London

This morning you will meet with a representative from the influential London Sustainability Exchange. The LSX provide organisations and networks of individuals with the motivation, knowledge and connections they need to put sustainability into practice.

Following your morning visit you will visit the Faraday Museum, located at the Royal Institution, where you will take in a self-guided tour. To round off your day, you will be visiting one of the top ranking UK universities- UCL. Here you will attend one of their guest lectures focusing on entrepreneurship and sustainable business initiatives.

### Day 6

- AM Visit to BedZed
- PM Free time no AES Activities
- BedZed is the UK's first eco-community. Located just outside of London, you will travel there by train.
- The development is designed to use only energy from renewable sources generated on site, and is a fascinating example of sustainable living. You will tour the visitor's centre, which charts the construction of the development. After visiting BedZed, you will return to London and have free time to explore before your departure the following morning.

#### Day 7

- AM Transfer from Hotel to airport
- This morning you will be dropped to the airport via private coach for your flight home.
- We hope you have a safe trip and look forward to welcoming you to London again one day.



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